



Heart Lines

The Heart Life Newsletter May 2011

Upcoming Events

Wedding Shower

You are invited to a wedding shower for Jessica Meehan and Bryan Crandall, **Sunday, May 1, 2:00-3:30pm** in the parlor. The couple is registered at Bed, Bath & Beyond, Target & Wal-Mart.

Mothers & Others Fellowship

Seeing Beauty in All Things

May 3, 2011, 6:30pm

Speaker: Debbie Shoemaker



Whip up your favorite dessert or appetizer to share and bring along your mother, sister, daughter, friend, neighbor, or any other special woman in your life for this time of fellowship and teaching. You will be blessed by Debbie's powerful testimony, as she shares about her young daughter's cancer diagnosis. We will also be partnering with the International Princess Project. We will learn about their ministry to women in India and also be treated to a fashion show with their products modeled by our Loft students. Child care is provided, but must be reserved at the Heart Life table by Friday, April 29. Little girls are welcome to join us for this event or part of the event (and then welcomed in child care), as mothers choose. Our partnership with the International Princess Project will include a video that is tasteful, but raises awareness of women in bondage. Concerned mothers are encouraged to preview this video in advance at <http://www.intlprincess.org>

International Princess Project is a faith-based organization that works to help women in India to restore their lives after escaping from a life of forced prostitution. IPP establishes sewing centers in partnership with existing after-care organizations in India. In these sewing centers, the women create PUNJAMMIES™ -- drawstring pajamas sewn from beautiful Indian fabric. As the women earn fair-trade wages, create a beautiful product and become a key part of a viable business, those who were once hopeless gain dignity and self-worth.

A Mom

By Lydia Nast 2011

A mom. Perfectly said. What would we do without her? I think she is a comfort zone. A place to run to, a place to lay my head when I am tired. Mom, my place to let down and relax. Mom, the one who supports my efforts and turns them to gold. Mom, the one who points me in the right direction. Mom, my hero. Who else could bake a cake like that? Who else would listen to me for hours? Who else would laugh with me at the silly things I do? She is where I find remedy-- the one who birthed me and knows me so well. She is the one that believes I can conquer the world. Yes, a mom, the perfect one to hold our thoughts, concerns and desires-- she gives them to the Lord for His timing in all things to sprinkle down to her child.



Summer Book Club

Please Join Us for the Summer Book Club

June 9, 2011 ~ 7-8:30 PM ~ FBC Library

Same Kind of Different As Me

by Ron Hall & Denver Moore



"...A story of faith, fortitude, and friendship..."

Sign up at the Heart Life Ministry table or email Sue Daugherty at sdaugher@jbu.edu

Book orders taken in advance no later than May 9, 2011 for discount price.

A great Mothers Day gift idea!

Reel to Real

Ladies, Save the Date - Reel to Real is coming **July 26th**, movie, time & location TBA. Popcorn, laughter, sighs, and tears are sure to be on the agenda for our Heart Life movie night. Join us for a break from the summer heat, as we enjoy fun, food, fellowship, and a great chick flick. We hope the sharing time afterwards will promote some "reel to real" discussion and inspiration. Keep watching the newsletter for more details!

WMU Corner

The WMU will again be doing the FALL clothing giveaway project. We want to invite you to donate usable clean clothing that would meet the needs of folks in our community. We will give you more details by the end of summer. Just for now, so when you pack away your winter items, you will remember to set aside a box to donate when the time comes to collect. We will be receiving fall and winter clothes only, as we have no place to store summer things. Thank all of you who gave last year - we believe we met some real needs.

Next Meeting: Tuesday, May 10, 10am, Room 247

Announcements

Alaska Funds Update!

Our Alaska mission team has had two successful fund raisers and raised all the funds needed (outside of the individual commitments of \$300 each.). Funds raised included:

- BBQ Dinners: \$1713.13 (less 10% group tithe to Africa Team) = \$1541.82
- Bake & Serve Auction= \$3150
- Total = \$4692

We gratefully acknowledge those who baked, bought, served, cooked, bid, worked, and PRAYED to make both of these events successful. A very special thanks to the event chairwomen: Tracy Canant & Carla Penner (BBQ Dinners) and Julie Davis (Bake & Serve Auction.) To GOD be all the glory!

If you would like to make a contribution to assist one (or all) of the ladies going to Team Alaska with their individual \$300 contribution, please designate your offering for "Alaska" when you place it in the offering or forward to the church office. You can also note the name of the specific team member if you wish.

Alaska Team Meeting:

Alaska Go team only will meet in The Loft on Wednesday, May 11, 5:30 to 6:15.

Alaska Pray, Go, and Send Team members will meet in The Loft on Wednesday, May 18, 5:30 to 6:15.

Grab your dinner from the Fellowship Hall and come on up --we'll have the drinks ready.

Guess Who's Expecting?

Ericka Payne in May

Hope Cureton in April

New Arrival

Congratulations to Nick and Stephanie Hammons on the birth of a daughter, Addison, born April 24th.

Sandy Says...

Heart Strings debuts a new column this month called Sandy Says. Each month our expert will share a practical household or gardening tip that you won't want to miss!



Keep a quart freezer container handy for leftover vegetables. Add them layer upon layer and store in the freezer. Then use them to make homemade vegetable soup. These "useless" bits add up quickly to make a delicious soup.

Barnabas Bag Testimony:

"When I received my Barnabas Bag, I knew that a lot of prayer, love, and blessings were inside of the bag. For someone who has only been here 1 1/2 years it was a gift from God and a blessing for me. Each gift was so meaningful and a great blessing to have that kind of love given to me. I praise God for the Heart Life Ministry and for the one who gave it to me."

-Irene Holley

Please keep those Barnabas Bags bouncing & send in your testimonies to share!

Recipe:

Pioneer Woman's Beef Brisket", (updates by Tracy Canant)

Prep Time: 10 Minutes

Cook Time: 6 Hours

Difficulty: Easy

Servings: 12

Ingredients

2 cans Beef Consomme

1/2 cups Lemon Juice

1-1/2 cup Soy Sauce

5 cloves Chopped Garlic

2 Tablespoons Liquid Smoke (Tracy did not use this)

10 pounds Beef Brisket or Beef Roast (Tracy used roast)

Preparation Instructions

1. Combine first five ingredients in large roasting pan or a crockpot insert.
2. Place brisket/roast in the marinade, fat side up. Cover tightly with foil.
3. Marinate in refrigerator for 24-48 hours.
4. When ready to cook, place pan covered in foil into a 300-degree oven or in crockpot on high.
5. Cook brisket/roast for approximately 40 minutes per pound or 4 hours in crockpot then shred and cook an additional 1-2 hours.
6. When fork-tender, transfer whole brisket to a cutting board.
7. Slice against the grain and place slices back into the cooking liquid (you don't need to do this if you are using a roast and have already shredded).
8. Serve immediately, spooning juice over the slices. Barbeque sauce may be used, if preferred.
9. You may store pan in fridge for up to two days or freeze for use at a later date.
10. If fat collects and hardens at the top, remove and discard.
11. Brisket/roast is great with mashed potatoes, with the juice spooned over the top.
12. It's also great on a sandwich with melted cheese.

Posted by Ree on September 8 2009