



Heart Lines



The Heart Life Newsletter October 2011

Upcoming Events

Women's One-Day Retreat
Walking In Obedience
Oct. 22, 2011, 8:30 am
Speaker: Brenda Crim
Cost: \$13.00 Per Ticket

Walk in obedience to all that the Lord your God has commanded you, so that you may live and prosper and prolong your days in the land that you will possess.

Deuteronomy 5:33

Heart Life is pleased to welcome Brenda Crim from Alaska Missions as our retreat speaker. Brenda was the host of our first-ever Heart Life Mission Team who traveled to Alaska in July to help with Salmon Frenzy. Her passion for God and for reaching the people of Alaska will challenge you to not just want to *go* on mission, but to *live* on mission. Her inspiration, passion, and sense of humor is all served up with her born-in-Texas accent. Join us for this one-day event and be blessed and changed!

WMU

Women's Missionary Union

Meets 2nd Tuesday of every month
in Rm.247
Led by Loretta Dismang

WMU will hold a "Ministry Day" on Nov. 5th in the Fellowship Hall from 7am - 1pm. There will be opportunities to minister to others about Christ, as well as the yearly clothing giveaway.

Set up for this event will be from 9am - 2pm on Nov. 4th. A sign-up sheet will be available at the WMU table beginning Oct. 2nd.

Clothing collections for the clothing giveaway will run from Oct. 16th to Nov. 4th. Only fall and winter clothing will be accepted.

Contact Loretta if you need any more information or would like to help with this event.

Heart Life Fall Bible Study Opportunities

Breaking Free/A Beth Moore Study

Thursday, 9:30-11:00 am, Cost: \$18.00
Beginning September 1, 2011 - 11 Weeks
In the Parlor
Led by: Cassie Perryman

Dinners, Dialogue & Devotions

Beginning September 4, 2011
Various Evening Times and Locations
Contact: Jeannie Abbott Cost: TBA

Thirst/ James 8-week Study

Thursdays, 9:00-11:00 am, Cost: \$10
Beginning October 6, 2011
in the Fellowship Hall
Led by: Laura Macfarlan

For more information, see the Heart Life Women's 2011-2012 ministry booklet

"Happy News"

A drop-in wedding shower will be held for Brenda Blue and Don McCutcheon from 2pm to 4pm on Oct. 23 in the FBC Parlor. Brenda is registered at Wal-Mart and Target.



Andrew and Jeran Nycum are expecting a baby, due October 24.

Amanda and John Carter are expecting a baby, due in March.

Both couples would appreciate prayers for safe deliveries and healthy babies.

Heart Strings & Barnabas Bags

If anyone has a personal story about how either of these ministries has affected them, and would like to share it, please send it to Mary Burton at maryliz@cox.net to be included in a future edition of Heart Lines.

October Recipe

In honor of apple season...

Easy Apple Cake

2 cups diced apples
1 cup sugar
¼ cup vegetable oil
1 cup flour
¼ tsp. salt
1 tsp. vanilla
½ cup chopped nuts
1 egg (beaten)
1 tsp. baking soda

"Sandy Says"

Ladies - What a delightful seminar Heart Life had on recycling. It really made me a lot more conscious of uses for different things. There was a coffee filter on one of the tables and we were asked to name some uses. It really got my mind working and it is so much fun to pick an article in your home and try to figure out some different uses for that item that isn't the original use. Now back to coffee filters - here are some uses I found online and I have actually started implementing some of them.

1. Put between plates when storing.
2. For nonstick pots and pans, use one to keep the surface from being scratched when you stack them.
3. Use as a disposable "snack bowl" for popcorn, chips, etc.
4. Wrap around a taco shell to prevent spills -- this is especially good for little ones.
5. Use as a "drip catcher" for frozen pops and ice creams.
6. Use to clean windows and mirrors.
7. On a plate to keep deviled eggs from sliding.
8. Use as a mini cutting board for chopping (not slicing) one tomato, onion, etc.
9. Keep in your car for window cleaning, to use as napkins and for quick cleanups.
10. Put in the bottom of a small pot when repotting.

Who knew that a cheap coffee filter would have so many uses, especially when there are so many in a package. I don't drink coffee but I keep a box in case I want to fix coffee for company so therefore, they last me years. I NEEDED MORE USES.

Place apples in mixing bowl; add sugar and mix. Let stand ½ hour.

Preheat oven to 350 degrees.

Then add oil and egg and blend well. Sift all dry ingredients on apple mixture, add nuts, mix well. Add vanilla and stir well again.

Pour into well greased 8 x 8 pan. Bake 45-50 minutes. Cool in pan 10 minutes before serving.

Recipe found at www.cooks.com.

*To contribute to this newsletter, please contact Mary Burton
at 220-9901 or maryliz@cox.net.*