



DELIGHTING IN HIS WORD

Fall Bible Studies for Women

FALL 2009

What is it that delights you? A trip to an exotic place? A shopping trip with your girlfriends? A hot fudge sundae? In Psalm 1, we read that a man (or, in our case, a woman) is blessed when: "...his delight is in the law of the Lord and on his law he meditates day and night."

Scripture, as well as personal experience, tells us that God's law is many things:

- A light to our path
- Conviction when we sin
- Encouragement when we feel alone
- Comfort when we mourn
- Instruction in how to live

But ..delight? Really?

Mr. Webster defines delight as: a high degree of pleasure or enjoyment; joy; rapture; something that gives great pleasure:

Probably few of us have "Bible" pop into our heads when someone says "delight."

I wasn't raised in a Christian home and did not begin a serious, committed study of God's Word until the birth of our first child. I would use many words to describe the early days of my quest to know and study God's Word: challenging, convicting, difficult, even inspiring...but *delightful* would not be on the top ten or even the top twenty list.

At that time in my life I was still in a "have to" mode when it came to the discipline of personal Bible study. But during the last twenty years, God has honored my obedience to study His Word by replacing my "have to" attitude with a "want to." In fact, I now sense Him moving me into another realm – that of "need to." I see myself as needy and wholly dependent upon Him in all that I do.

"Delight yourself in the Lord and He will give you the desires of your heart."

Psalm 37:4

One of the things I've learned through the years of walking with God is that He has an uncanny way of creating new desires and transforming old ones so that our desires line up with His delightful plan – and *then* He gives us our heart's desire.

I may not be able to literally lick it up with a spoon, but delving deep into scripture—studying it, learning it, sharing it, discussing it, meditating on it, talking about it, trying to live it – that trumps a hot fudge sundae, even for a girl who loves her chocolate.

By the way, Psalm 37:4 is the one chosen by the Women's Team as the Heart Life Women's Ministry key verse for 2009-2010. It's also the inspiration for this year's theme, Delighting In Him.

We want to invite you to delight in Him this year by studying His Word. We've planned two opportunities for you to join with us in doing that this fall:

Sunday Evening, 5:30-7:00 pm, beginning September 13

Esther: It's Tough Being a Woman (a Beth Moore study) Facilitated by Dana Watson, Cost is \$15

Thursday Morning, 9-11 am, beginning September 10

The Patriarchs (a Beth Moore study) Facilitated by Sarah Evans & Cassie Perryman, Cost is \$20

Child care is provided for both studies. Please stop by the Heart Life Ministry table to sign up for one of these studies. We'd be absolutely delighted to have you join us!

- Laura Macfarlan

Heart Life

UPCOMING EVENTS

Delighting in our Dinner

Once-a-Month Cooking with Ingrid DeYoung
October 6, 9:00-11:00 AM
Food can be a means to bless, encourage, and nurture those in our sphere of influence. Come learn how you can cook nutritiously, efficiently, and delightfully as our own Ingrid DeYoung (a dietitian by trade) shows us how to cook once a month and truly delight in our dinner!

Delighting in our Décor

Tips for Decorating for the Holidays with Sandy Martin
November 3, 9:00-11:00 AM
Through Sandy's inspiration, you will see that you need not spend a lot of money to be able to delight in your décor. When our homes are beautiful, we are encouraged to invite people in. What better time than the holidays to introduce others to the love of Jesus - the reason for the season!

ONGOING EVENTS

WMU

2nd Tuesday of each month
Led by Loretta Dismang
Ongoing used church materials collection.

DivorceCare

Sundays at 5:30 PM, beginning September 13
Room 124

Sunday Evening Study

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Recipe: Crock Pot Roast

From the Kitchen of: Ingrid DeYoung

*Ingredients: 3-5 pound roast, 1 can rotel,
1 can cream soup (of your choice).*

*Place roast in crock pot.
Add rotel and soup.
Cook on high 5-6 hours or low 8-10 hours.
Enjoy!*

